

DESIMIRA MIRONOVA

Dr. Desimira Mironova is a specialist in endocrinology and metabolic diseases with an established clinical and academic profile. She leads the Metabolic Center at Lozenetz University Hospital and runs a private endocrine practice, while also being actively engaged in teaching. Since 2024, she has been the founder and president of the Bulgarian Association for Metabolic and Reproductive Disorders. Her professional focus includes metabolic disorders, reproductive endocrinology, and rare endocrine diseases. She graduated in Medicine from the Medical University of Sofia in 2012, obtained a specialty in endocrinology and metabolic diseases, and earned a PhD in clinical pharmacology and toxicology. She has over 10 years of experience in clinical practice, research, and medical education. Dr. Mironova has participated in scientific projects at the Medical University of Sofia on appetite regulation and hormonal mechanisms in metabolic disorders. She has presented her research at numerous international meetings, including the European Congress on Obesity and specialized scientific events in bariatric and metabolic medicine. She is also a regular contributor to expert panels, such as the BA EU Obesity Expert Panel. Her publications have appeared in respected journals including *Biotechnology & Biotechnological Equipment*, *Obesity Reviews*, as well as leading Bulgarian and international journals indexed in Scopus and Web of Science. Her main research interests focus on the hormonal mechanisms of obesity, insulin resistance, bariatric therapy, and endocrine regulation of reproductive function.